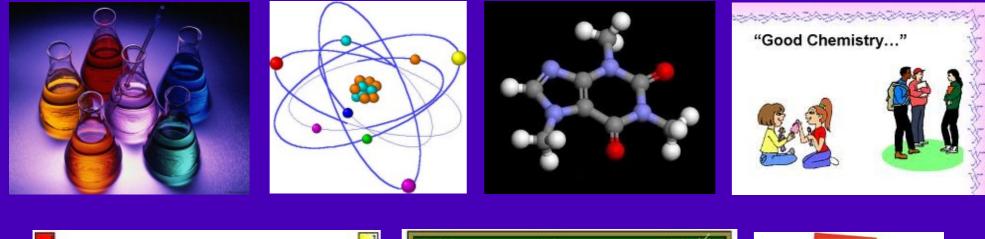
Chemistry 1010 Introduction to Chemistry

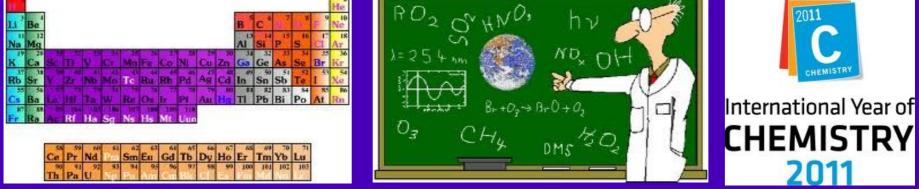
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Introduction

What do you think of when you hear the word CHEMISTRY?

Here are some pictures that come up on a Google image search of the word "chemistry."





Did you think of...























What is chemistry?

A simple definition of chemistry:

the study of matter and the changes it undergoes

anything that takes up space and has mass

things that matter can do

another way to say it: Chemistry is the study of all of the STUFF in the universe...



We want to find out: What is it made of?

Why does it act the way it does?

...and what can HAPPEN to the STUFF.



We want to find out:

- What really happened?
- Why did this happen?
- How can we control it?

Baking Powder: What is it and how does it work?



What is baking powder used for in cooking?

it makes things rise

What would happen if you left it out of a recipe?

the result would be flat and dense and nasty

What happens when you add baking powder to water? bubbles form



What are they? carbon dioxide

This is a chemical reaction.

How does this make food rise?



when heated, the bubbles expand food cooks around them becomes light and fluffy

What kinds of things can you cook with baking powder?



pancakes



cookies



muffins



biscuits



banana bread



cakes

What else can be used to make things rise?



yeast

they are microorganisms

consume carbohydrates and produce carbon dioxide

What is kinds of things is yeast used to cook?

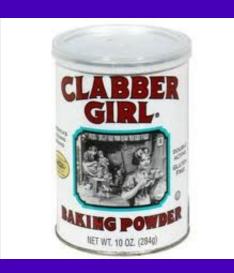


bread

rolls

scones

How long does it take yeast to make carbon dioxide compared to baking powder?



baking powder – a few minutes

ready to bake right away (called quick breads)

dough/batter can be very moist



yeast - a few hours

dough has to rise

dough must be strong and elastic to hold bubbles

What is in baking powder?

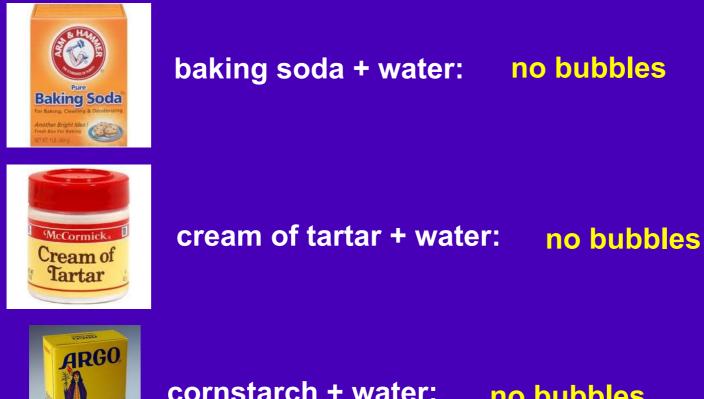


So how is baking powder different from baking soda?

baking soda is a pure compound

baking powder contains baking soda as well as two other things

Which of these ingredients causes the bubbles to form?





cornstarch + water: no bubbles





baking soda + cream of tartar + water: bubbles!

So why is the cornstarch there?



it absorbs water so that the baking soda and cream of tartar don't start making bubbles in the can

How long will baking powder last in the cupboard? Can it go bad?



if it is exposed to water vapor in the air, it won't work any more

keep it cool and dry

it you add some to water and it doesn't bubble, get a new can!

What does "double acting" mean?



contains two different acids for baking soda to react with one reacts at room temperature (when mixing dough) one only reacts when heated (when baking)

Experiment:



- 1) baking powder
- 2) baking powder in water
- 3) after several minutes
- 4) after heating

What about recipes that only call for baking soda?



baking soda works by itself if there is another acidic ingredient

yogurt, buttermilk, lemon juice, vinegar, molasses, brown sugar, honey, sour cream, chocolate, maple syrup, fruit juice (especially citrus juices)





Why do some recipes call for both baking soda and baking powder?



baking powder does most of the leavening

baking soda is there to neutralize other acids

if batter is acidic, it doesn't brown properly



pancakes with a little to a lot of baking powder

What happens if you add too much baking powder?

too many bubbles will form, they will get big and pop, it will go flat

What happens if you add too much baking soda?

if there isn't enough acid to react with it, the baking soda will give a bitter taste to the food

If you were out of baking soda, could you use baking powder instead?

sort of – but you will have extra acid, so it may taste funny or not brown well, also, you need 4 times as much

If you were out of baking powder, could you use baking soda instead?

only if you also add an acid for the baking soda to react with and add only 1/4 of the amount, and bake right away (not double acting) What would you do if you were inventing a new recipe and didn't know whether to use baking soda, baking powder, or both?

consider acidic ingredients whether you want it to brown how much it should rise

try it; vary the amounts up and down by 1/2 tsp